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FOR IMMEDIATE RELEASE

**LOCAL MENTAL HEALTH PROFESSIONALS VOLUNTEER  
SERVICES WITH FIRE & LOSS COUNSELING (FLC)**

To Support Those Affected by the San Diego Fires

**(San Diego, CA) \*\*\*October 25<sup>th</sup>, 2007** - In an effort to support those affected by the San Diego fires, Aimee Zakrewski, Licensed Marriage & Family Therapist, has created a volunteer group called FIRE & LOSS COUNSELING (FLC).

This group is composed of mental health professionals volunteering their services to those who have experienced loss due the fires. FLC consists of licensed and pre-licensed psychotherapists and psychologists all of whom have profound education, experience, and/or leadership in the areas of bereavement, grief, and loss.

Ms. Zakrewski was inspired to create this volunteer service due to her own personal experiences with the trauma of losing a home. Growing up on Long Island, New York, her home was destroyed two times due to fires. Her family lost virtually everything and had to rebuild again.

A time like this can bring great stress, anxiety, sadness, and hurt, as well as significant financial strains and fears. With this in mind, mental health professionals throughout San Diego have come together to support those in need.

**If you know anyone who is in need of counseling and support due to the San Diego fires – please have them visit: [www.azgrowth.com/flc.html](http://www.azgrowth.com/flc.html)**

There you will find a growing list of counselors and facilities ready and willing to support you in your loss. FLC services are available through personal, family, and/or group counseling, depending upon the provider. Each provider will work with you to determine what is needed.

Remember, no loss is considered greater than another. Whether you are grieving a material item, memorabilia, a pet, or a person – we are here to support you.

If you'd like to be listed as a volunteer for FLC, please email: [az@azgrowth.com](mailto:az@azgrowth.com) for more information.

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If you would like additional information regarding this volunteer service, please contact Aimee Zakrewski at (760) 803-3600 or email: [az@azgrowth.com](mailto:az@azgrowth.com).